



## Cover to Cover: Hunted Down (Ps 142)

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May 20

### 1 Samuel Catch-up Psalm Overview

Context: Saul is the king, but David will be king. In his jealousy and insecurity Saul continues to hunt down David. Either with 1 Sam 22: 1 or 23:3 as its context, here David pours out his heart to God in this lament.

*First, think about Pastor's sermon from this past Lord's Day:*

- What struck you from 1 Sam 23 (Ps 54)?
- What wisdom did this chapter give us on:
  - Seeking the Lord and His Word?
  - Seeking after the wrong things?
  - The encouragement of godly friendship?
  - God's providential timing?

**Read:** Psalm 142 (all of today's readings have a similar theme)

### Questions

1. Summarize the context of this Psalm (again, 1 Sam 22: 1 or 23:3). Why is David crying out? Place yourself in his shoes (or sandals!), what would this have been like?
2. Has there ever been a time in your life when you were "hunted down" in some sense? Share that experience.
3. What words in vv. 1-2 highlight David's intensity?
4. Upon whom does David depend? How would you describe his dependence?
5. What is he asking for?
6. In vv. 3-4 there are at least three things that people in distress experience, what are they? Have you ever felt these?
7. Hidden in v. 3 is a phrase that explains why David is crying out, turning to the Lord, hoping. What is it?
8. V. 5- What two things is the Lord to David? How is he those two things to you?
9. V.6- What two things does David ask for and why?

10. V.7- Tied to David's final request in v. 7a ("bring me out of prison") are two anticipations grounded in one hope? What are they? What do they look like? Would they be yours?
11. Personally, what can we take away from this Psalm? (to speak to our past, our present, or maybe our future).
12. Pastorally, how can we use this Psalm to minister to Christians who find themselves in situations similar to David's?
13. Evangelistically, how could we use this Psalm, or the sentiments and truths within it, to point people who are facing this type of situation to the Lord?